# NORTH POCONO SCHOOL DISTRICT COMMUNITY EDUCATION



Summer 2025

# **FOR STUDENTS**

# <u>Little Dragons – AGES 4 to 6 years (SS-01)</u>

Children learn that the true value of karate training is courtesy and respect rather than punching and kicking. Our classes are full of energy with shouts of Yes, Sir and Yes, Ma'am echoing throughout the school. Students discover why self-discipline is better than discipline and how to have the confidence to walk away from danger, including bullies and negative peer pressure. Classes are always fun because no one sits on the bench in our karate school.

Instructors: Ellie and George Conrad Location: Karate School is at 342 Daleville

Hwy, Covington Twp.

Dates: July 7 to July 30

Days: Mondays and Wednesdays

Time: 4:30 to 5:00

Fee: \$35

# Youth Karate – AGES 7 to 12 (SS-02)

How to respect others by learning to respect yourself? How to walk away from negative influences and situations with courage? Why a strong, healthy body and mind are a person's greatest treasures? How to have the confidence to resolve conflict in a non-violent manner? Why the constant and never ending quest for improvement is more important than who wins and loses or who scores the winning point? How to set small goals to achieve a greater end? These are the questions that are answered at our school. KARATE - the greatest activity for kids on earth.

Instructors: George and Ellie Conrad Location: Karate School is at 342 Daleville

Hwy, Covington Twp.
Dates: July 7 to July 30

Days: Mondays and Wednesdays

Time: 5:15 pm to 6:15

Fee: \$45

# Fun on the Farm- Ages 6 to 8 (SS-03)

Come and join the fun as we read about some of our favorite farm animals then create our own stuffed farm animal. Students will be able to name their stuffed animal. Animal crackers will be served. Each student gets a stuffed animal. Students must register at least 2 weeks before the class date so that materials can be ordered.

Instructor: Rachel Singer

Location: Moscow Elementary Art Room

Date: July 29
Day: Tuesdays

Time: 10:00 am to 11:00 am

Fee: \$35

# Meet Me By The Sea- Ages 8 to 10 (SS-04)

A day at the beach is fun. There are so many creatures that live in the sea. They live such interesting lives. Spend some time reading about some very interesting sea creatures then make a sea creature. Students will get to take home the stuffed animal that they create. Goldfish crackers will be served. Students must register at least 2 weeks before the class date so that materials can be ordered.

Instructor: Rachel Singer

Location: Moscow Elementary Art Room

Date: August 7
Day: Thursday

Time: 10:00 am to 11:00 am

Fee: \$35

# **Horseback Riding (SS-05)**

Dakota Stables is a small personal facility that offers horseback riding lessons to all ages and abilities. In this session, you will learn to properly care for your horse. This includes brushing, tacking, hoof care, and feed as well as the basics of riding. For students ages 10 to 13. Students must wear close toed shoes and long pants. Cowboy boots and jeans are encouraged.

Class size 2.

Instructor: Hailee Gintoff

Location: Dakota Stables; 13 Elias Rd, Spring

**Brook Twp** 

Dates: June 30 to July 14

Day: Monday
Time: 5:00 to 6:00

Fee: \$200

# 2025 North Pocono Football Camp (ages 6 to 14)(SS-06)

Players will receive instruction in proper form running technique, proper position specific stance/technique, form blocking and form tackling ("HAWK"), speed development, passing technique, receiving technique, ball handling technique and pass coverage technique (BASIC FUNDAMENTALS!!!!)

Other Information

Age appropriate groups, non-contact, station based training will be utilized. This camp's content will emphasize safe, non-contact football instruction that challenges players to become better at the basics. Also, each participant will be timed in the forty yard dash. Please include shirt size on the registration

form.

Instructor: NP Coaching Staff and NP Trojans

Varsity Football Players

Location: NP Football Stadium (Turf Field)

Dates: July 7 and 8
Day: Monday and Tuesday

Time: 6:00 pm to 8:00 pm Fee: \$30 (shirt included)

# **Summer Tennis Clinic grades K to 5 (SS-07)**

Bring a tennis racket and a can of balls and you will learn the basics of the game of tennis. This is a fun way to learn about the game of tennis. Fun drills help with forehand, backhand, and serve. Open to children in grades K to 5.

Instructor: Brooke Panek, Varsity Tennis

Coach

Location: North Pocono Tennis Courts

Dates: July 7 to July 11 Days: Monday to Friday Times: 10:00 to 11:30

Fee: \$35

# **Summer Tennis Clinic grades 6 to 12 (SS-08)**

In this course, students learn the rules of the game of tennis. Students will work on forehand, backhand, and serve as well as other components of the game. Please bring a tennis racket and a can of balls. This course is open to students in grades 6 to 12.

Instructor: Brooke Panek, Varsity Tennis

Coach

Location: North Pocono Tennis Courts

Dates: July 7 to July 11 Days: Monday to Friday Times: 12:00 to 2:00

Fee: \$40

### **Creative Writing Workshop (SS-09)**

Unleash your imagination and bring your stories to life in the Creative Writing Workshop! No matter your preferred writing style or form, we will have fun exercises, activities, and group discussions. Together, we will learn how to craft characters, build settings, and create plots that keep readers hooked. At the end of the course, you will have a portfolio of writing to be proud of and the confidence to continue creating all year long. Join us in the North Pocono Public Library for a summer of storytelling fun! For students 13 to 17 years old.

Instructor: Aubrey Wolff

Location: North Pocono Public Library, 1315

Church Street, Moscow Dates: July 1, 8, 15, 22, 29

Days: Tuesday
Times: 2:00 to 4:00

Fee: \$40

# Mr. Hatala's Summer Woodworking Class(SS-10)

This summer woodworking class is intended for any student who would like to pursue woodshop in high school. Students will learn advanced woodworking concepts and be able to use more equipment. Students must review the safety rules to use equipment in the laboratory.

# **Laboratory Expectations**

- Respect your instructor and equipment
- All students will assist in clean up procedures at the end of the class.
- If students are not comfortable with any part of the lab immediately come see Mr. Hatala for assistance. DO NOT ATTEMPT ANYTHING you are not comfortable with.

Safety is our number one priority for the students when working in the laboratory to complete their projects.

I look forward to working with your child during this summer woodworking class. If you have any questions please do not hesitate to contact me. The best way to reach me is my school email jrhatala@npsd.org. I would be happy to answer any questions or concerns you have.

Students will meet at the Middle School side entrance closest to the Industrial Arts Room.

Instructors: Mr. Jeffrey Hatala

Location: North Pocono Middle School

Industrial Arts Area

Dates: July 8, 10, 15, 17, 29, and 31

Days: Tuesday and Thursday

Time: 1:30 to 2:45

Fee: \$40

# **FOR ADULTS**

# **Adult Karate (SS-00)**

Bad day at work? Bills got you down? Kids, spouse, friends at it again? Let us take your stress. Leave your troubles behind as you work out all life's tension on our punching bags and kicking shields. Our instructors will ensure that you learn correct techniques in a safe, friendly environment. You'll also have the added benefit of an improved self-image as your body becomes leaner and more toned. Your confidence will soar as you learn practical self-defense skills. The choice is yours or you could just have another date with the couch and remote control.

Instructors: George and Ellie Conrad Location: Karate School is at 342 Daleville

Hwy, Covington Twp.
Dates: July 7 to July 30

Days: Mondays and Wednesdays

Time: 6:30 to 8:00

Fee: \$55

# REGISTRATIONS NOT TAKEN THROUGH COMMUNITY EDUCATION

# RAD Kids: Personal Empowerment Safety Education (Register through Moscow Borough PD- information below)

Summer "Safety" Camp 2025 July 21<sup>nd</sup> through July 25<sup>th</sup>

It only takes seconds for a child without training to be lured into a dangerous situation. As much as you would like to, you can't be with your child every minute of the day to protect them. So how can you teach your children the skills they need to protect themselves without scaring them? **radKIDS** is a comprehensive, foundational safety education program for children (boys and girls) ages 5-7 and 8-12. It focuses on seven core areas:

**Home Safety** (Including Fire, Gun and Internet Safety)

**School Safety** (Including Bullying Prevention and Defense)

Out and About Safety (Including Dog Safety) Vehicle Safety (Cars, buses, bicycles and strangers approaching)

**Stranger Tricks** (Including Physical Defense Against Abduction)

**Personal Safety** (Including Good, Bad and Uncomfortable Touch)

### **Self-Realization of Personal Power**

This program is designed to help children recognize potential hazards, and provide them with realistic options for effective response. By empowering them to make positive choices, we hope to enable them to avoid or escape the cycle of violence.

- **Sponsor:** Moscow Borough Police Department
- Location: Moscow Borough Municipal Building, 123 Van Brunt St Moscow, PA 18444
- Time: Age Group 5-7 (9-10:30 a.m.)

  Age Group 8-12 (12-1:30 p.m.)

  If you have a child in each age group or siblings which you want to attend together, call for further information.
- Cost: \$20.00 per child (Free for radKIDS members, but must register to attend)
- Includes: Parents manual, daily rewards, snacks and completion certificate (Free enrollment in future training until the date of the child's 13th birthday).

To register for this summer safety camp please contact Chief Ivy L. Brenzel at (570) 842-2061. Deadline to register is July 15, 2024.

# **Behind the Wheel Driver Education**

Mark's Driving School, LLC. (owned and operated by Mark Beach, a professional educator) will provide students with 6 - 1 hour lessons. This course will help the student become a safer and more successful driver. Students will drive on a variety of roadways while practicing basic driving skills. Upon completion of the driving lessons and an online course (provided by a 3<sup>rd</sup> party), NPSD students can take their on road driving test with Mark's Driving School, LLC. NPSD students receive a discount and only pay \$65/hour instead of my usual fee of \$70/hour. For information and appointments please call Mark Beach at (570) 351-3260.

Additional supplies necessary: Student needs to have their current PA Driver's Permit or PA Driver's License to participate.

## **GENERAL INFORMATION**

North Pocono School District Community
Education program welcomes adults and
children from the North Pocono area as well as
those from nearby communities. Scholarships to
attend CE courses are available for students,
please call the office for information.
North Pocono is a smoke-free environment.
Therefore NO SMOKING will be permitted at
any time in any building or on school property.
No refunds will be given unless class is canceled
due to insufficient enrollment. Please be sure to
register for classes early as they fill quickly.
Only registered participants are allowed to
attend classes.

Course fee must be paid at the time of registration. You will receive a confirmation email when your registration has been received. Refunds will be mailed for all canceled classes.

Please make checks payable to: <u>North Pocono</u> <u>Community Education.</u>

(570) 842-1760

Email: kbochicchio@npsd.org

website: npsd.org then click on community

Register by mail up to two week before the start of the course to:

North Pocono Community Education 701 Church St Moscow, PA 18444

# **Registration form:**

Course Title:	
Name:	
Address:	
Email:	
Phone:	Fee:

Please remember to include your email address as it is the way we will contact you with class confirmation.